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Track : 2015-11-28 Rocher de Monges

IBP : 63

Detected modality : HKG (Hiking)

Reanalyzed as **BYC (Bicycle) (ibp_analisis_completo.php?REF=36578869536848&MOD=BYC&LAN=en&REM=&SMD=m) RNG (Running) (ibp_analisis_completo.php?REF=36578869536848&MOD=RNG&LAN=en&REM=&SMD=m)**

Reliability of the original trail: B (479/60/0/-/-/60)

Level of correction applied to the trail: 0

Total length: 19.642 Km **mi / ft ?**

Analyzed distance: 19.642 Km

Lineal distance: 0.02 Km

Accumulated climb: 478.74 m

Accumulated descent: 492.68 m

info Points list (ibp_listadepuntos.php?REF=36578869536848&MOD=HKG&LAN=en&SMD=m)

Maximum height: 299.11 m

Minimal height: -0.82 m

Start height: 14.08 m

End height : 0.14 m

Climb rate: 5.91 %

Descent rate: 5.5 %

Positive climb difference per Km: 24.37 m

Negative descent difference per Km: 25.08 m

Total time: 4:44:06 h
Time in movement: 4:21:53 h
Stopped time: 0:22:13 h

Trail difficulty



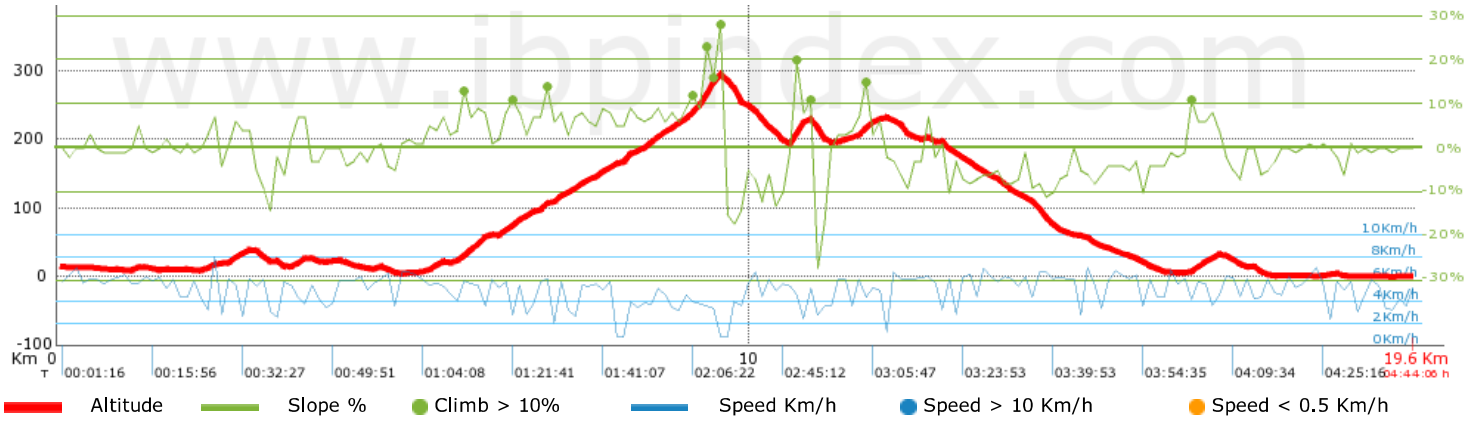
Max slope filter: ~55 %
Min. ponts separation: ~30 m
Number of points: 2608 (cad. 7.53 m)
Significant points: 576 (cad. 34.16 m / 22.09 %)

Direction changes per Km: 14.1
Direction changes >5º per Km: 9.32
Accumulated straight stretches: 2.338 Km
Straight stretches per Km: 119.03 m
Penalizables slope changes: 5
Penalizables slope changes per Km: 0.255

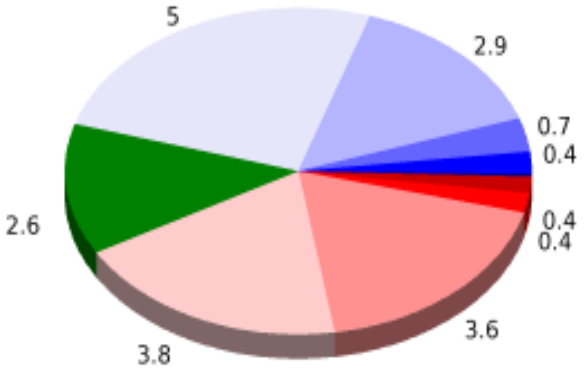
Total speed average: 4.15 Km/h
Average speed in movement : 4.5 Km/h
Maximum held speed: 8.05 Km/h

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Summary of slopes Km



Climbs	Distance Km	Km above the total in %	Speed in Km/h	Time h:m:s
Between 30% and 55%	0	0	0	0:00:00
Between 15 and 30%	0.354	1.8	3.72	0:05:43

	Between 10 and 15%	0.429	2.18	4.45	0:05:47
	Between 5 and 10%	3.56	18.13	4.22	0:50:38
	Between 1 and 5%	3.758	19.13	4.22	0:53:22
	Total	8.101	41.24	4.21	1:55:30
Plain					
	Difference of 1%	2.59	13.19	4.72	0:32:57
Breakdown descents					
	Between 1 and 5%	4.98	25.35	4.66	1:04:09
	Between 5 and 10%	2.896	14.75	5.07	0:34:18
	Between 10 and 15%	0.703	3.58	4.53	0:09:19
	Between 15 and 30%	0.372	1.89	3.94	0:05:40
	Between 30% and 55%	0	0	0	0:00:00
	Total	8.952	45.57	4.73	1:53:26
	Total track:	**19.642**	**100 %**	**4.5**	**4:21:53**

High altitude parameters, data above 1500 m

High altitude parameters, data above 1500 m							
Altitude m	**Distance Km**	**% of total**	**Time in movement**	**Speed**	**Stopped time**	**Total time**	**Speed total**
Total:	**0 Km/h**						

Stops

Stops					
Distance Km	**Stopped time**	**Altitude**	**Elapsed time**	**Last stop elapsed time**	**Last stop distance**
8.078	0:02:41	164	1:45:49	1:45:49	8.078
9.487	0:03:09	284	2:11:08	0:25:19	1.409
9.555	0:13:48 > 10'	294	2:15:37	0:04:29 < 10'	0.068
9.618	0:02:35	298	2:31:28	0:15:51	0.063
Total:	**0:22:13 h**				

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PDF analysis (ibp_ibpindexpdf.php?REF=36578869536848&PRE=58360497&MOD=HKG&LAN=en)

Notify anomaly for this analysis (ibp_anomalia.php?REF=36578869536848&LAN=en)

Remove track and analysis

Store this trail on "My trails"

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Message that will receive your friend:

Re: m.ditommaso@libero.it

Hi.

Marco has considered that this analysis of a trail could be of your interest.

(he/she will see a link to this page)

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